

Rundle Park Rampage

Long Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	4	Trish SIVYER		All Ages		00:13:28	00:04:58	00:28:39		
	25	Rebecca BELL	00:51:24	All Ages		00:14:00	00:02:29	00:20:07	00:00:47	00:14:00
	19	Nina KYPRIGNIDIS		All Ages						
1	45	Zaylee SCHEICHER	01:39:33	All Ages	2	00:13:57	00:01:29	00:57:56	00:00:39	00:25:30
2	149	Lisa KEEFFE	01:41:13	All Ages	4	00:16:00	00:01:23	00:52:59	00:01:47	00:29:03
3	80	Tennessee FORRESTER	01:44:57	All Ages	5	00:13:54	00:01:00	01:01:38	00:01:14	00:27:08
4	134	Brooke KIMPTON	01:53:17	All Ages	7	00:14:56	00:02:58	00:57:29	00:01:46	00:36:07

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	48	Paul TAYLOR	00:47:26	All Ages		00:12:28	00:02:14	00:17:58	00:00:48	00:13:56
	139	Richard Houwen		All Ages		00:15:31				
1	91	Russell BROWNE	01:33:38	All Ages	1	00:14:47	00:02:14	00:50:19	00:01:27	00:24:48
2	1	Paul Luxton	01:40:36	All Ages	3	00:16:02	00:01:42	00:52:52	00:01:45	00:28:12
3	8	Ric SCHEICHER	01:45:55	All Ages	6	00:11:14	00:03:20	01:01:22	00:01:29	00:28:28
4	140	Rob Melville	02:06:16	All Ages	8	00:16:07	00:01:52	01:03:49	00:02:10	00:42:16