

# Three The Hard Way

## Short Course Category Results

### Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	130	Sigrid VONTHUN	00:43:15	All Ages		00:08:09	00:01:06	00:30:47	00:00:51	00:02:19
1	95	Deb CARLYON	01:03:48	All Ages	5	00:09:02	00:00:57	00:30:11	00:01:18	00:22:18
2	2	Kylie Forrester	01:08:13	All Ages	6	00:09:03	00:00:56	00:33:14	00:01:11	00:23:46
3	39	Timna WILD	01:24:23	All Ages	7	00:09:09	00:02:37	00:46:28	00:01:33	00:24:34
4	10	Judy HEYLEN	01:25:02	All Ages	8	00:08:38	00:02:36	00:34:19	00:02:06	00:37:20
5	35	Sharma HEYLEN-SILVIA	01:25:03	All Ages	9	00:09:11	00:02:33	00:46:32	00:02:04	00:24:41

### Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	16	Jordan O'BRIEN	00:55:14	All Ages	1	00:07:14	00:01:20	00:27:11	00:00:33	00:18:55
2	23	Andrew BLACKBURN	00:59:22	All Ages	2	00:08:34	00:01:12	00:26:59	00:01:16	00:21:20
3	1	Paul Luxton	01:01:37	All Ages	3	00:07:59	00:00:57	00:29:56	00:00:59	00:21:44
4	125	Matthew GANNON	01:03:05	All Ages	4	00:07:31	00:01:11	00:31:27	00:01:01	00:21:53