

# The Heat Is On

## Short Course Category Results

### Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	24	Richelle GILTRAP	01:06:37	All Ages	2	00:08:45	00:01:32	00:32:09	00:00:28	00:23:41
2	30	Deb CARLYON	01:26:21	All Ages	4	00:09:23	00:01:44	00:31:27	00:24:53	00:18:51

### Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	34	Dave HEYHOE	01:01:59	All Ages	1	00:07:56	00:01:06	00:31:17	00:00:53	00:20:44
2	45	Brandon De Beer	01:09:40	All Ages	3	00:08:09	00:01:17	00:32:50	00:02:52	00:24:29