

The Heat Is On

Long Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	4	Lisa KEEFFE		All Ages						
1	6	Petrina Wakelam	01:30:04	All Ages	2	00:17:48	00:00:41	00:44:10	00:01:02	00:26:20
2	28	Brooke KIMPTON	01:37:11	All Ages	3	00:16:36	00:01:34	00:50:11	00:00:36	00:28:12

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	100	Gerard GRANT		All Ages						
	123	Barry DOYLE		All Ages						
1	51	Lester SMITH	01:17:43	All Ages	1	00:12:51	00:00:56	00:39:36	00:01:10	00:23:08