

Run For Russell

Short Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	1099	Martha BURKINSHAW		All Ages						
1	193	Judy Heylen	01:02:12	All Ages	7	00:08:52	00:03:02	00:32:20	00:01:29	00:16:26
2	242	Liza DOBLE	01:09:46	All Ages	9	00:08:33	00:01:15	00:33:36	00:01:07	00:25:13

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	204	Paul BURKINSHAW	00:53:30	All Ages	1	00:07:17	00:00:52	00:25:26	00:00:54	00:18:59
2	1092	Andrew BLACKBURN	00:56:18	All Ages	2	00:08:28	00:01:05	00:25:53	00:01:10	00:19:40
3	1222	Josh ARNOTT	00:57:05	All Ages	3	00:06:19	00:00:55	00:31:14	00:01:18	00:17:18
4	1008	Barry DOYLE	01:00:24	All Ages	4	00:09:04	00:01:44	00:28:51	00:01:14	00:19:29
5	1132	Phil DERNEE	01:00:37	All Ages	5	00:06:13	00:03:02	00:33:32	00:00:30	00:17:18
6	1125	Mark PARDOE	01:01:51	All Ages	6	00:08:19	00:01:10	00:27:27	00:01:07	00:23:46
7	1118	Robert MURRAY	01:05:12	All Ages	8	00:08:08	00:02:25	00:31:33	00:01:01	00:22:04