

Run For Russell

Long Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	122	Mischa WESTLAKE	01:26:27	All Ages	4	00:13:04	00:01:08	00:45:11	00:01:05	00:25:57

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	285	Gerard GRANT	01:09:21	All Ages	1	00:11:34	00:01:13	00:35:21	00:00:42	00:20:30
2	1096	Byron CLARKSON	01:10:53	All Ages	2	00:09:15	00:01:03	00:37:18	00:00:50	00:22:25
3	1077	Lester SMITH	01:15:29	All Ages	3	00:11:42	00:01:10	00:39:09	00:01:04	00:22:22
4	101	Simon TEAKLE	01:26:55	All Ages	5	00:10:26	00:00:47	00:40:22	00:01:36	00:33:43
5	1023	Ben Lloyd	01:29:54	All Ages	6	00:13:18	00:01:44	00:42:44	00:01:26	00:30:41