

Three The Hard Way

Long Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	4	Trish SIVYER	01:19:58	All Ages	1	00:14:37	00:01:21	00:47:41	00:00:43	00:15:33
2	103	Petrina Wakelam	01:33:53	All Ages	3	00:15:27	00:00:44	00:44:01	00:01:03	00:32:37
3	149	Lisa KEEFE	01:34:17	All Ages	4	00:14:44	00:01:20	00:46:11	00:00:41	00:31:19
4	134	Brooke KIMPTON	01:39:12	All Ages	5	00:14:44	00:01:44	00:50:13	00:00:43	00:31:46

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	64	Daryl HARRIS	01:20:02	All Ages	2	00:10:35	00:00:40	00:44:03	00:00:49	00:23:53