

Seat, No Rgret & Oxygen Debt

Long Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	130	Sigrid VONTHUN	01:01:39	All Ages		00:13:41	00:01:35	00:45:37	00:00:13	00:00:31
	86	Yvette HOLLINS		All Ages		00:15:22				
1	103	Petrina Wakelam	01:26:00	All Ages	6	00:14:54	00:00:43	00:43:22	00:01:00	00:26:00
2	149	Lisa KEEFE	01:31:50	All Ages	7	00:14:14	00:01:05	00:43:56	00:00:44	00:31:48
3	134	Brooke KIMPTON	01:35:48	All Ages	9	00:13:49	00:01:40	00:48:48	00:00:39	00:30:51
4	4	Trish SIVYER	01:37:57	All Ages	11	00:14:41	00:01:17	00:51:28	00:00:36	00:29:54

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	121	Chris COOPER	01:20:26	All Ages		00:13:01	00:01:42	00:45:06	00:01:05	00:19:30
	139	Richard Houwen	01:13:14	All Ages		00:13:28	00:01:35	00:35:03	00:02:48	00:20:18
	140	Rob Melville	01:13:13	All Ages		00:14:13	00:02:43	00:34:45	00:01:51	00:19:40
1	146	Lester SMITH	01:13:53	All Ages	1	00:11:19	00:01:08	00:38:04	00:00:57	00:22:23
2	16	Jordan O'BRIEN	01:16:51	All Ages	2	00:12:31	00:01:16	00:39:56	00:00:35	00:22:30
3	127	Klay SIPILA	01:22:58	All Ages	3	00:11:37	00:01:52	00:46:51	00:00:43	00:21:52
4	91	Russell BROWNE	01:25:05	All Ages	4	00:13:21	00:01:48	00:42:00	00:01:53	00:26:01
5	77	Scott DENNETT	01:26:00	All Ages	5	00:11:35	00:01:13	00:39:34	00:01:10	00:32:27
6	129	Ben LLOYD	01:33:17	All Ages	8	00:10:49	00:03:27	00:52:44	00:01:32	00:24:43
7	117	Ted KERR	01:36:33	All Ages	10	00:11:38	00:02:29	00:55:26	00:00:40	00:26:17