GERALDTON TRIATHLON 2023-2024 CALENDAR

Date & Time	Event & Venue & Sponsor	Distances	Marshals
Sunday 7 th January 2024 8. <mark>00 am</mark>	New years Tri	Enticer: 250/7/2 Short: 300/14/4	Marshal: Scott Denett Marshal: Cherie Potaczala Marshal: Lisa Bennett Coordinator: Rob Grazziadell
Sunday 14th Jan 2024 8.00am	Splash, Flash & Dash St Georges	Enticer: 250/7/2 Short: 300/14/4 Long: 600/21/5	Marshal: Lisa Keefe Marshal: Jordan O'Brien Marshal: Richard Houwen Coordinator: Petrina Wakela
Sunday 21st Jan 2024 8.00am	REVOLUTIONS Club Championship Series Race 3 St Georges	Enticer: 250/7/2 Short: 300/21/4 Long: 600/27/5	Marshal: James Parry Marshal: Mila Krippner Marshal Anita Krippner Coordinator: Paul Burkinshaw
Sunday 28th Jan 2024	Club Bye: Australia Day Long weekend		
Sunday 4th Feb 2024 8.00am	GERALDTON BIKES Double Up Series Race 2 St Georges	Enticer: 250/7/2 Short: 300/7/2(x2) Long: 300/7/2(x3)	Marshal: Barry Doyle Marshal: Karyn Little Marshal: Debra Carlyon Coordinator: Mark Pardoe
Sunday 11th Feb 2024 8.00am	Sweat, No Regret & Oxygen Debt St Georges	Enticer: 250/7/2 Short: 300/14/4 Long: 600/21/5	Marshal: Matthew Gannon Marshal: Karina Day Marshal: Lara Day Coordinator: : Paul Luxton
Sunday 18th Feb 2024 8.00am	REVOLUTIONS Club Championship Series Race 4 St Georges	Enticer: 250/7/2 Short: 300/21/4 Long: 600/27/5	Marshal: Jesse Steele Marshal Sandra Goodman Marshal: Scott Dennett Coordinator: : Brandon DeBe
Sunday 25th Feb 2024 8.00am	Three the Hard Way St Georges	Enticer: 250/7/2 Short: 300/14/4 Long: 600/21/5	Marshal: Nathan Svenson Marshal: Gabby Lynch Marshal: Micha Westlake Coordinator: Rob Grazziadel
Sunday 3rd March 2024	Club bye: Labour Day long weekend	11 0	1.1
Sunday 10th Mar 2024 8.00am	GERALDTON BIKES Double Up Series Race 3 St Georges	Enticer: 250/7/2 Short: 300/7/2(x2) Long: 300/7/2(x3)	Marshal: Jack Ivey Marshal: Simon Teakle Marshal: Louanne Hardy Coordinator: Russell Browne

Sunday 17th Mar 2024 8.00am	REVOLUTIONS Club Championship Series Race 5 St Georges	Enticer: 250/7/2 Short: 300/21/4 Long: 600/27/5	Marshal: Kurt Warhurst Marshal: Mark Pardoe Marshal: Jacqui Morgan Coordinator: Will McKenzie
Sunday 24th Mar 2024 8.00am	Olympic Distance St Georges Grand Finale- Season wrap up	Enticer: 300/14/4 Short: 500/21/5 Long: 1500/41/10	Marshal: Volunteers Marshal: Marshal: Coordinator: Narissa Bertelsen

<u>PLEASE NOTE</u>: Please gather at the race venue **45** minutes prior to the race start so that names and details can be entered into the computer system. Anyone nominating later than **10 minutes** before the race start, will be **allowed** to participate but will not be entered into the computer system and therefore will not be eligible for any points or prizes.

Club President	Email	Club Vice President		
Rob Grazziadelli	Info@geraldtontriclub.com.au	Scott Dennett		
0417 945 276		0400 740 866		
Marshaling Coordinator Scott Dennett				

Club Information

We are an all inclusive club and encourage participants of all abilities and fitness levels ... "surprise yourself - come and have a go!"

Non-members pay \$15 per event. Non-Member Teams pay \$20 per event.

*Junior Policy: Minimum of age 12 to compete. All juniors aged 12-15 on first joining the club will need to be chaperoned on the bike course for their 1st 5 events. As we race on Open Roads we need to ensure that they are confident with the road rules and the bike handling skills required.

* Event Distances: Even though the race distances are marked for each course on the day, members are allowed to alter the distances of each leg to suit their needs/fitness or ability. You just need to inform the timer keeper that you have altered your course distance. You will not be eligible for Championship or Double Up Series points.

* Drafting: The cycle leg for all events is non-drafting. On the cycle leg you must be at least 7 meters behind the person in front of you unless you are overtaking. If you have been overtaken you are not allowed to spend time in the slip stream and must let the overtaking person get 7 meters in front before attempting to re-overtake. Penalties will apply.

* E-bikes, flippers, snorkels: These are allowed to be used during racing, however you will not be eligible for Championship or Double Up Series points.

Tri Club Marshaling

For the Geraldton Triathlon Association to continue to be a success everyone must help out - it is a hallmark of our club. Each week we require 3 people to basically set up, run the day and then pack up. We roster tri club members on to do this so the load is shared. **Marshals are the most important people in our club - without them we would not be able to run an event!**

<u> Marshal's Responsibilities:</u>

- The contact person for marshaling is Scott Dennett ph 0400 740 866
- If the nominated Marshal cannot attend the event that they have been rostered on for, it is their responsibility to find a replacement before the nominated date and contact Marshaling Coordinator Scott Dennett to inform him of the change.
- Marshals' need to be at St Georges Beach at 7.00am on Sunday mornings ready to begin setting out equipment. Due to the requirement of setting out road signs for the cycle course it is recommended that all Marshals' drive a vehicle to the event.
- It is the marshals' responsibility to have the swim, ride and run courses set up and ready for competition 20 minutes before the nominated start time of the event.
- Marshals' to be ready for competitors' registration 1 hour prior to the race start
- Marshals' to confirm with the Race Day Coordinator the race directions and any special conditions for the day.

As a Marshal, you have one (1) possibly two (2) events to organise for the season. Please take this responsibility seriously as the club cannot function without you!

Timing Chips

Each member will receive a timing chip as part of their membership. This timing chip is then retained by each member and used from season to season. They are unique to the individual member and are not interchangeable.

It is the responsibility of the member to remember to bring their timing chip on race day. You will not be able to get a timed result without it and replacements/loans won't be available.

Casual entries will receive a chip on race day which needs to be returned after the race,

If a chip is lost by a member it will be up to that person to pay for a replacement. Our new RFID chips will have a cost of \$55.

CLUB CHAMPIONSHIP RACES

Club Championship Races will be held over 5 equal distance events with the 4 best places recorded. Please note we have championship points for the long, short and enticer races. Championship points.

• 1st place = 10 championship points

- 2nd place = 5 championship points
- 3rd place = 3 championship points
- 4th place = 2 championship points
- 5th place = 1 championship point
- Marshall = 1 championship point

The Club Championship Races are sponsored by:



Double Up Series

The Geraldton Triathlon Association will be running a very popular event. The Double Up series is designed to provide a different challenge for the short and long course members. The Double Up Series will be a three-race series where short course competitors will complete two enticer courses and long course competitors will complete three enticer courses. One after the other i.e.

Sho <mark>rt Course</mark> =	300m swim, 7km ride, 2km run	
	100m swim, 7km ride, 2 km run.	

Long Course = 300m swim, 7km ride, 2km run 100m swim, 7km ride, 2km run and another 100m swim, 7km ride, 2km run.

Points will be awarded each week and at the end of the series will have a male and female winner for the Short and Long courses (not the Enticer) based on the number of points accumulated over the three-race series. Points will be awarded as follows.

- 1st place = 10 points
- 2nd place = 5 points
- 3rd place = 3 points
- 4th place = 2 points
- 5th place = 1 point
- Marshall = 1 point

The Double Up Series is sponsored by:

GERALDTONBIKES