## GERALDTON TRIATHLON 2023-2024 CALENDAR

| Date \& Time | I Event \& Venue \& Sponsor | Distances | Marshals |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} \text { Sunday } \\ 7^{\text {th }} \text { January } \end{gathered}$ $20248.00 \mathrm{am}$ | New years Tri | Enticer: 250/7/2 <br> Short: 300/14/4 | Marshal: Scott Denett Marshal: Cherie Potaczala Marshal: Lisa Bennett Coordinator: Rob Grazziadelli |
| $\begin{gathered} \text { Sunday } \\ \text { 14th Jan } 2024 \\ \text { 8.00am } \end{gathered}$ | Splash, Flash \& Dash St Georges | Enticer: 250/7/2 <br> Short: 300/14/4 <br> Long: 600/21/5 | Marshal: Lisa Keefe Marshal: Jordan O'Brien Marshal: Richard Houwen Coordinator: Petrina Wakelam |
| $\begin{gathered} \text { Sunday } \\ \text { 21st Jan } 2024 \\ 8.00 \mathrm{am} \end{gathered}$ | REVOLUTIONS <br> Club Championship Series Race 3 St Georges | Enticer: 250/7/2 <br> Short: 300/21/4 <br> Long: 600/27/5 | Marshal: James Parry Marshal: Mila Krippner Marshal Anita Krippner Coordinator: Paul Burkinshaw |
| $\begin{gathered} \text { Sunday } \\ 28 \text { th Jan } 2024 \end{gathered}$ | Club Bye: Australia Day Long weekend |  |  |
| Sunday <br> 4th Feb 2024 <br> 8.00am | GERALDTON BIKES <br> Double Up Series Race 2 St Georges | Enticer: 250/7/2 Short: $300 / 7 / 2(\times 2)$ Long: 300/7/2(x3) | Marshal: Barry Doyle Marshal: Karyn Little Marshal: Debra Carlyon Coordinator: Mark Pardoe |
| Sunday <br> 11th Feb 2024 8.00am | Sweat, No Regret \& Oxygen Debt St Georges | Enticer: 250/7/2 <br> Short: $300 / 14 / 4$ <br> Long: $600 / 21 / 5$ | Marshal: Karina Day Marshal: Lara Day Coordinator: : Paul Luxton |
| Sunday 18th Feb 2024 8.00am | REVOLUTIONS <br> Club Championship Series Race 4 St Georges | Enticer: 250/7/2 <br> Short: 300/21/4 <br> Long: 600/27/5 | Marshal: Jesse Steele Marshal Sandra Goodman Marshal: Scott Dennett Coordinator: : Brandon DeBeer |
| $\begin{gathered} \text { Sunday } \\ \text { 25th Feb } 2024 \\ 8.00 \mathrm{am} \end{gathered}$ | Three the Hard Way St Georges | Enticer: 250/7/2 <br> Short: 300/14/4 <br> Long: 600/21/5 | Marshal: Nathan Svenson Marshal: Gabby Lynch Marshal: Micha Westlake Coordinator: Rob Grazziadelli |
| Sunday <br> 3rd March 2024 | Club bye: Labour Day long weekend |  |  |
| Sunday 10th Mar 2024 8.00am | GERALDTON BIKES Double Up Series Race 3 St Georges | Enticer: 250/7/2 <br> Short: $300 / 7 / 2(x 2)$ <br> Long: 300/7/2(x3) | Marshal: Jack Ivey Marshal: Simon Teakle Marshal: Louanne Hardy Coordinator: Russell Browne |


| $\begin{aligned} & \text { Sunday } \\ & \text { 17th Mar 2024 } \\ & 8.00 \mathrm{am} \end{aligned}$ | REVOLUTIONS <br> Club Championship Series Race 5 St Georges | Enticer: 250/7/2 <br> Short: 300/21/4 <br> Long: 600/27/5 | Marshal: Kurt Warhurst Marshal Mark Pardoe Marshal: Jacquil Morgan Coordinator: Will McKenzie |
| :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Sunday } \\ & \text { 24th Mar } 2024 \\ & 8.00 \mathrm{am} \end{aligned}$ | Olympic Distance St Georges Grand Finale-Season wrap up | $\begin{array}{ll}\text { Enticer: } 300 / 14 / 4 \\ \text { Short: } & 500 / 21 / 5 \\ \text { Long: } & 1500 / 41 / 10\end{array}$ | Marshal: Volunteers <br> Marshal: <br> Marshal: <br> Coordinator: Narissa Bertelsen |

PLEASE NOTE: Please gather at the race venue 45 minutes prior to the race start so that names and details can be entered into the computer system. Anyone nominating later than 10 minutes before the race start, will be allowed to participate but will not be entered into the computer system and therefore will not be eligible for any points or prizes.

| Club President <br> Rob Grazziadelli <br> 0417945276 | Info@geraldtontriclub.com.au | Club Vice President <br> Scott Dennett <br> 0400740866 |  |
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| Marshaling Coordinator Scott Dennett |  |  |  |

## Club Information

We are an all inclusive club and encourage participants of all abilities and fitness levels
"surprise yourself - come and have a go!"
Non-members pay $\$ 15$ per event. Non-Member Teams pay $\$ 20$ per event.
*Junior Policy: Minimum of age 12 to compete. All juniors aged 12-15 on first joining the club will need to be chaperoned on the bike course for their $1^{\text {st }} 5$ events. As we race on Open Roads we need to ensure that they are confident with the road rules and the bike handling skills required.

* Event Distances: Even though the race distances are marked for each course on the day, members are allowed to alter the distances of each leg to suit their needs/fitness or ability. You just need to inform the timer keeper that you have altered your course distance. You will not be eligible for Championship or Double Up Series points.
* Drafting: The cycle leg for all events is non-drafting. On the cycle leg you must be at least 7 meters behind the person in front of you unless you are overtaking. If you have been overtaken you are not allowed to spend time in the slip stream and must let the overtaking person get 7 meters in front before attempting to re-overtake. Penalties will apply.
* E-bikes, flippers, snorkels: These are allowed to be used during racing, however you will not be eligible for Championship or Double Up Series points.

For the Geraldton Triathlon Association to continue to be a success everyone must help out - it is a hallmark of our club. Each week we require 3 people to basically set up, run the day and then pack up. We roster tri club members on to do this so the load is shared. Marshals are the most important people in our club - without them we would not be able to run an event!

## Marshal's Responsibilities:

The contact person for marshaling is Scott Dennett ph 0400740866

- If the nominated Marshal cannot attend the event that they have been rostered on for, it is their responsibility to find a replacement before the nominated date and contact Marshaling Coordinator Scott Dennett to inform him of the change.
- Marshals' need to be at St Georges Beach at 7.00am on Sunday mornings ready to begin setting out equipment. Due to the requirement of setting out road signs for the cycle course it is recommended that all Marshals' drive a vehicle to the event.
- It is the marshals' responsibility to have the swim, ride and run courses set up and ready for competition 20 minutes before the nominated start time of the event.
- Marshals' to be ready for competitors' registration 1 hour prior to the race start
- Marshals' to confirm with the Race Day Coordinator the race directions and any special conditions for the day.

As a Marshal, you have one (1) possibly two (2) events to organise for the season. Please take this responsibility seriously as the club cannot function without you!

## Timing Chips

Each member will receive a timing chip as part of their membership. This timing chip is then retained by each member and used from season to season. They are unique to the individual member and are not interchangeable.

It is the responsibility of the member to remember to bring their timing chip on race day. You will not be able to get a timed result without it and replacements/loans won't be available.

Casual entries will receive a chip on race day which needs to be returned after the race,
If a chip is lost by a member it will be up to that person to pay for a replacement. Our new RFID chips will have a cost of $\$ 55$.

## CLUB CHAMPIONSHIP RACES

Club Championship Races will be held over 5 equal distance events with the 4 best places recorded. Please note we have championship points for the long, short and enticer races.

Championship points.

- $1^{\text {st }}$ place $=10$ championship points
- $2^{\text {nd }}$ place $=5$ championship points
- $3^{\text {rd }}$ place $=3$ championship points
- $4^{\text {th }}$ place $=2$ championship points
- $5^{\text {th }}$ place $=1$ championship point
- Marshall = 1 championship point


## The Club Championship Races are sponsored by:

## (5) <br> Revolutions

## Double Up Series

The Geraldton Triathlon Association will be running a very popular event. The Double Up series is designed to provide a different challenge for the short and long course members. The Double Up Series will be a three-race series where short course competitors will complete two enticer courses and long course competitors will complete three enticer courses. One after the other i.e.

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\begin{aligned}
\text { Short Course }= & 300 \mathrm{~m} \text { swim, } 7 \mathrm{~km} \text { ride, } 2 \mathrm{~km} \text { run } \\
& 100 \mathrm{~m} \text { swim, } 7 \mathrm{~km} \text { ride, } 2 \mathrm{~km} \text { run. } .
\end{aligned}
$$

Long Course $=300 \mathrm{~m}$ swim, 7 km ride, 2 km run 100 m swim, 7 km ride, 2 km run and another 100 m swim, 7 km ride, 2 km run.

Points will be awarded each week and at the end of the series will have a male and female winner for the Short and Long courses (not the Enticer) based on the number of points accumulated over the three-race series. Points will be awarded as follows.

- $1^{\text {st }}$ place $=10$ points
- $2^{\text {nd }}$ place $=5$ points
- $3^{\text {rd }}$ place $=3$ points
- $4^{\text {th }}$ place $=2$ points
- $5^{\text {th }}$ place $=1$ point
- Marshall $=1$ point

The Double Up Series is sponsored by:

