

Russell's Rampage

Long Course Category Results

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	101	Simon TEAKLE	01:12:33	All Ages		00:12:34	00:00:54	00:49:32	00:01:21	00:08:09
	202	Kevin OSBORN		All Ages						
1	1077	Lester SMITH	01:26:26	All Ages	1	00:13:52	00:01:32	00:48:43	00:01:00	00:21:17
2	19	Russell Browne	01:36:44	All Ages	2	00:15:09	00:01:29	00:54:26	00:01:34	00:24:04