

Quiet Life

Short Course

Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	192	Dannika BARRAS	01:00:56	All Ages	1	00:07:57	00:01:07	00:31:24	00:00:54	00:19:31
2	1099	Petrina WAKELEM	01:06:00	All Ages	4	00:10:26	00:00:58	00:34:14	00:01:22	00:19:00
3	193	Judy Heylen	01:10:29	All Ages	7	00:10:33	00:02:31	00:36:26	00:01:42	00:19:16
4	95	Sheree JOHNSANSEN	01:11:27	All Ages	8	00:10:18	00:00:56	00:33:50	00:01:17	00:25:04
5	1067	Laura Saldanha	01:13:51	All Ages	9	00:08:52	00:01:37	00:37:47	00:01:05	00:24:28
6	1030	Alison SIMKIN	01:24:36	All Ages	12	00:10:30	00:02:17	00:41:45	00:00:57	00:29:06

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	204	Paul BURKINSHAW	01:01:34	All Ages	2	00:09:48	00:00:51	00:29:19	00:00:47	00:20:48
2	19	Russell Browne	01:05:52	All Ages	3	00:09:49	00:01:39	00:35:03	00:00:31	00:18:48
3	154	Ben Lloyd	01:07:27	All Ages	5	00:08:24	00:03:05	00:37:00	00:00:38	00:18:18
4	1084	Shaun CAMPBELL	01:10:26	All Ages	6	00:11:16	00:01:41	00:36:38	00:00:37	00:20:13
5	239	Nathan JOHANSEN	01:14:28	All Ages	10	00:08:31	00:00:57	00:32:33	00:01:11	00:31:15
6	251	John BASS	01:23:06	All Ages	11	00:11:47	00:02:22	00:40:09	00:01:45	00:27:00