

Go Health

Long Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	246	Georgia Keyzers		All Ages						
1	189	Georgia Keyzers	01:36:19	All Ages	3	00:17:12	00:01:37	00:53:07	00:00:43	00:23:37

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	156	Lorcan Mcgonagle		All Ages		00:20:24	00:02:47	00:57:34		
1	1026	Andy Johns	01:25:47	All Ages	1	00:13:17	00:00:32	00:48:43	00:00:43	00:22:30
2	1068	Ben Smit	01:31:52	All Ages	2	00:13:31	00:01:10	00:49:35	00:01:30	00:26:04