

McGonagle Orthopaedics

Short Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	291	Helen TAYLOR		All Ages						
1	193	Judy HEYLEN	01:08:29	All Ages	3	00:09:07	00:02:06	00:36:07	00:01:24	00:19:43

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	271	Mike RICHMOND		All Ages						
1	177	Scott DENNETT	00:59:02	All Ages	1	00:06:31	00:00:52	00:30:05	00:00:48	00:20:44
2	137	Andrew BLACKBURN	01:04:42	All Ages	2	00:08:51	00:01:20	00:29:21	00:01:47	00:23:21
3	156	Lorcan MCGONAGLE	01:11:29	All Ages	4	00:10:38	00:02:13	00:33:38	00:01:06	00:23:52
4	1015	Mike RICHMOND	01:17:45	All Ages	5	00:08:33	00:01:36	00:37:37	00:01:13	00:28:43