

McGonagle Orthopaedics

Long Course Category Results

Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	189	Georgia KEYSERS	01:34:17	All Ages	4	00:16:24	00:01:24	00:53:31	00:00:22	00:22:34
2	122	Mischa WESTLAKE	01:35:56	All Ages	6	00:14:00	00:01:15	00:52:56	00:00:54	00:26:49

Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	202	Kevin OSBORN		All Ages						
	159	Scott DETHLEFSEN	00:41:10	All Ages		00:15:04	00:01:08	00:14:21	00:00:24	00:10:10
	113	Ben SMIT		All Ages						
	136	Dave HEYHOE	01:10:48	All Ages		00:14:37	00:00:52	00:33:40	00:00:50	00:20:48
	120	Mark ADAM		All Ages		00:12:27	00:00:53	00:48:24		
1	13	Ben FREER	01:27:04	All Ages	1	00:13:49	00:00:38	00:44:33	00:00:50	00:27:12
2	1068	Ben SMIT	01:27:35	All Ages	2	00:13:07	00:01:19	00:47:12	00:01:24	00:24:32
3	101	Simon TEAKLE	01:30:10	All Ages	3	00:11:45	00:00:54	00:43:47	00:01:06	00:32:35
4	2	Paul Luxton	01:34:40	All Ages	5	00:14:33	00:01:04	00:51:42	00:01:01	00:26:17