

GERALDTON TRIATHLON 2019-2020 CALENDAR

Date & Time	Event & Venue & Sponsor	Distances	Marshals
Sunday 13 th October 2019 8.30am	Season opener St Georges (Untimed)	Enticer: 300/7/2 Short: 300/17/4	Marshal: Monique Burrows Marshal: Ben Freer Marshal: Mel Chamberlain Coordinator: Matt Chamberlain
Sunday 20 th October 2019 8.30am	SPORTSPOWER {New bike course trialed} St Georges	Enticer: 300/7/2 Short: 300/14/4 Long: 600/21/5	Marshal: Victoria Freer Marshal: Scott Dennett Marshal: Helen Taylor Coordinator: Paul Luxton
Sunday 27 th October 2019 8.30am	ATHLETE'S FOOT Bring a friend for free day! St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Grant Patrick Marshal: Brock Gildersleeve Marshal: Zac Gildersleeve Coordinator: Troy Gildersleeve
Sunday 3 rd November 2019 8.30am	PINK MOON Dongara - Grannies Beach Followed by lunch in Dongara	Enticer: 300/9/2 Short: 300/18/4 Long: 600/27/6	Marshal: Dylan Bennett Marshal: Mischa Westlake Marshal: Wayne Sweeny Coordinator: Ben Freer
Sunday 10 th November 2019 8.30am	REVOLUTIONS Club Championship Race 1 St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: James Parry Marshal: Kevin Osborne Marshal: Alea Giudice Coordinator: Jane Benson
Sunday 17 th November 2019 8.30am	QUIET LIFE Let's go to Quiet Life afterwards St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Jeff Peacock Marshal: Terri Quinlan Marshal: Ian Burrows Coordinator: Monique Burrows
Sunday 24 th November 2019 8.30am	GERALDTON BIKES Double Up Series Race 1 St Georges	Enticer: 300/7/2 Short: 300/7/2 (x2) Long: 300/7/2 (x3)	Marshal: Karrie Eastman Marshal: Scott Dethlefsen Marshal: Lucy Osborne Coordinator: Victoria Freer
Sunday 1 st December 2019 8.30am	REFUEL AUSTRALIA St Georges Ironman Busselton weekend	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Kerry Pile Marshal: Sheree Johansen Marshal: Nathan Johansen Coordinator: Jo Marshall
Sunday 8 th December 2019 8.30am	REVOLUTIONS Club Championship Race 2 St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Ben Smit Marshal: Rebecca Sutherland Marshal: Jo Marshall Coordinator: Victoria Freer
Sunday 15 th December 2019 8.30am	REVOLUTIONS St George's team challenge	Enticer: 300/7/2 (X3)	Marshal: Kyrone Bradley Marshal: Chris Cooper Marshal: Zane D Mello Coordinator: Scott Dennett

Sunday 22nd December 2019 8.30am	THE GERALDTON HOTEL Christmas Tri Dress up Lunch @ the Gero St Georges	Enticer: 300/7/2 Short: 300/14/3	Marshal: Katie Taylor Marshal: Jessica Wake Marshal: Jon-Scott Trotter Coordinator: Mischa Westlake
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GERALDTON TRIATHLON 2018-2019 CALENDAR

Date & Time	Event & Venue & Sponsor	Distances	Marshals
Sunday 5 th January 2020 8.00 am	GO HEALTH LUNCH BAR New Year's Resolution St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Mark Adam Marshal: Fiona Angelatos Marshal: Maddison Bradley Coordinator: Helen Taylor
Sunday 12 th January 2020 8.00am	REVOLUTIONS Club Championship Race 3 St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Paul Baldock Marshal: Di Todd Marshal: Lorcan McGonagle Coordinator: Monique Burrows

PLEASE NOTE: Please gather at the race venue **45 minutes** prior to the race start so that names and details can be entered into the computer system. Anyone nominating later than **10 minutes** before the race start, will be **allowed** to participate but will not be entered into the computer system and therefore will not be eligible for any points or prizes.

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Marshaling Coordinator
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Club Vice-President
Scott Dennett
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Club Information

We encourage participants of all abilities ... "surprise yourself - come and have a go!"

Geraldton Tri Club Members pay \$3 per event.

Non-members pay \$15 per event. Non-Member Teams pay \$20 per event.

We welcome all family members.

Children must be in Year 7 high school at the time of competition and deemed competent by their parents and the Tri Club committee.

Even though the race distances are marked for each course on the day, members are allowed to alter the distances of each leg to suit their needs/fitness or ability. You just need to inform the timer keeper that you have altered your course distance. You will not be eligible for Championship or Double Up Series points.

The cycle leg for all events are non-drafting. On the cycle leg you must be at least 5 meters behind the person in front of you unless you are overtaking. If you have been overtaken you are not allowed to spend time in the slip stream and must let the overtaking person get 5 meters in front before attempting to re-overtake. Penalties will apply.

Tri Club Marshaling

For the Geraldton Triathlon Association to continue to be a success everyone must help out - it is a hallmark of our club. Each week we require 3 people to basically set up, run the day and then pack up. We roster tri club members on to do this so the load is shared. **Marshals are the most important people in our club - without them we would not be able to run an event!**

Marshal's Responsibilities:

The contact person for marshaling is Marshaling Coordinator Victoria Freer 0447 894 072

- If the nominated Marshal cannot attend the event that they have been rostered on for, it is their responsibility to find a replacement before the nominated date.
- Marshals' need to be at St Georges Beach at 7.00am on Sunday mornings ready to begin setting out equipment. Due to the requirement of setting out road signs for the cycle course it is recommended that all Marshals' drive a vehicle to the event.
- It is the marshals' responsibility to have the swim, ride and run courses set up and ready for competition 20 minutes before the nominated start time of the event.
- Marshals' to be ready for competitors' registration 1 hour prior to the race start
- Marshals' to confirm with the Race Day Coordinator the race directions and any special conditions for the day.

As a Marshal, you have one (1) possibly two (2) events to organise for the season. Please take this responsibility seriously as the club cannot function without you!

CLUB CHAMPIONSHIP RACES

Club Championship Races will be held over 5 equal distance events with the 4 best places recorded. Please note we have championship points for the Long and Short courses and not the Enticer.

Championship points.

- 1st place = 5 championship points
- 2nd place = 4 championship points
- 3rd place = 3 championship points
- 4th place = 2 championship points
- 5th place = 1 championship point
- Marshall = 1 championship point

The Club Championship Races are sponsored by:



Revolutions
GERALDTON

Double Up Series

The Geraldton Triathlon Association will be running a very popular event. The Double Up series is designed to provide a different challenge for the short and long course members. The Double Up Series will be a three-race series where short course competitors will complete two enticer courses and long course competitors will complete three enticer courses. One after the other i.e.

Short Course = 300m swim, 7km ride, 2km run
100m swim, 7km ride, 2 km run.

Long Course = 300m swim, 7km ride, 2km run
100m swim, 7km ride, 2km run
and another 100m swim, 7km ride, 2km run.

Points will be awarded each week and at the end of the series will have a male and female winner for the Short and Long courses (not the Enticer) based on the number of points accumulated over the three-race series. Points will be awarded as follows.

- 1st place = 5 points
- 2nd place = 4 points
- 3rd place = 3 points
- 4th place = 2 points
- 5th place = 1 point
- Marshall = 1 point

The Double Up Series is sponsored by:

GERALDTON  BIKES

CLUB