

# GERALDTON TRIATHLON 2019 CALENDAR

Date & Time	Event & Venue & Sponsor	Distances	Marshals
Sunday 6 <sup>th</sup> January 2019 8.00am	<b>GO HEALTH LUNCH BAR</b> New Year's Resolution St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Scott Dethlefsen Marshal: Nick Eyres Marshal: Judy Heylen Coordinator: Maz Hearne
Sunday 13 <sup>th</sup> January 2019 8.00am	<b>REVOLUTIONS</b> Club Championship Race 2 St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Richard Houwen Marshal: David Heyhoe Marshal: Grant Patrick Coordinator: Ben Freer
Sunday 20 <sup>st</sup> January 2019 8.00am	<b>REFUEL AUSTRALIA</b> St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Dannika Barras Marshal: Mark Adam Marshal: Sheree Johansen Coordinator: Victoria Freer
Saturday 26 <sup>st</sup> January 2019	<b>Champion Bay Challenge</b> at Champion Bay surf club near the Rubik's cubes (No triathlon this weekend)	Juniors 1km Seniors 1.5km, 3km & 6km	Hosted by the Champion Bay Surf Life Saving Club
Sunday 3 <sup>rd</sup> February 2019 8.00am	<b>GERALDTON BIKES</b> Double Up Series Race 2 St Georges	Enticer: 300/7/2 Short:300/7/2 (x2) Long:300/7/2 (x3)	Marshal: Jeremy Pepper Marshal: Kevin Osborne Marshal: Lucy Osborne Coordinator: Mel Chamberlain
Sunday 10 <sup>th</sup> February 2019 8.00am	<b>GERALDTON CHIROPRACTIC</b> St Georges (Busselton Jetty Swim Weekend)	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Byron Clarkson Marshal: Katie Taylor Marshal: Jon Scott-Trotter Coordinator: Monique Burrows
Sunday 17 <sup>th</sup> February 2019 8.00am	<b>REVOLUTIONS</b> Club Championship Race 3 St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Mike Richmond Marshal: Sam Bannister Marshal: Wayne Sweeney Coordinator: Pete Hearne
Sunday 24 <sup>th</sup> February 2019 8.00am	<b>GERALDTON BIKES</b> Double Up Series Race 3 St Georges (Turquoise Coast Jurien Bay Triathlon & Duathlon Weekend)	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Ray Crudeli Marshal: Lorcan McGonagle Marshal: Belinda Box Coordinator: Jane Benson
Sunday 3 <sup>rd</sup> March 2019 8.00am	<b>HORROCKS</b>	Distances TBA	Committee

Sunday 10 <sup>th</sup> March 2019 8.00am	<b>REVOLUTIONS</b> <b>Club Championship Race 4</b> St Georges	Enticer: 300/7/2 Short:300/7/2 (x2) Long:300/7/2 (x3)	Marshal: Fiona Angelatos Marshal: Terri Qunlan Marshal: Eliza Thomas Coordinator: Katie Taylor
Sunday 17 <sup>th</sup> March 2019 8.00am	<b>ATHLETE'S FOOT</b> St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Simon Teakle Marshal: Alea Guidice Marshal: Emma Jones Coordinator: Paul Luxton
Sunday 24 <sup>th</sup> March 2019 8.00am	<b>REVOLUTIONS</b> <b>Club Championship Race 5</b> St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal :Petrena Wakelam Marshal: Rebecca Sutherland Marshal: Jack Sutherland Coordinator: Scott Dennett
Sunday 31 <sup>st</sup> March 2019 8.00am	<b>REFUEL AUSTRALIA</b> Fuel up it's gonna be a long day St Georges	Enticer: 300/7/2 Short: 600/17/4 Long: 900/34/8	Marshal:Kyrone Bradley Marshal:Wade Cuthbert Marshal: Di Todd Coordinator:TroyGuildersleeve
Sunday 7 <sup>th</sup> April 2019 8.00am	<b>GERALDTON CHIROPRACTIC</b> St Georges taper (3 & 5 Dams Event weekend)	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Tristan Kentish Marshal: Harley Box Marshal:Robert Melville Coordinator: Robbie Barnetson
Sunday 14 <sup>th</sup> April 2019 7.30am	<b>GERALDTON TOYOTA</b> <b>Olympic Triathlon</b> St Georges	Short: 900/20/5 Long: 1500/40/10	Marshals: Volunteers required for this event  Coordinator: Ben Freer
Sunday 28 <sup>th</sup> April 8.00am	<b>REVOLUTIONS</b> <b>Team Challenge</b> St Georges	Enticer: 300/7/2	Marshal: Mischa Westlake Marshal: James Parry Marshal:Helen Taylor Coordinator:Matt Chamberlain
Sunday 28 <sup>th</sup> April 4.00pm	<b>END OF SEASON WIND UP</b> <b>Spalding Park Golf Club</b>		

**PLEASE NOTE:** Please gather at the race venue **45 minutes** prior to the race start so that names and details can be entered into the computer system. Anyone nominating later than **10 minutes** before the race start, will be **allowed** to participate but will not be entered into the computer system and therefore will not be eligible for any points or prizes.

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**Marshaling Coordinator**  
**Victoria Freer**  
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**Club Vice-President**  
**Maz Hearne**  
Phone: 0438 310 170

## Club Information

We encourage participants of all abilities ... "surprise yourself - come and have a go!"

Geraldton Tri Club Members pay \$3 per event.

Non-members pay \$15 per event. Non-Member Teams pay \$20 per event.

We welcome all family members. Children must be in Year 7 high school at the time of competition and deemed competent by their parents and the Tri Club committee.

Even though the race distances are marked for each course on the day, members are allowed to alter the distances of each leg to suit their needs/fitness or ability. You just need to inform the timer keeper that you have altered your course distance. You will not be eligible for Championship or Double Up Series points.

The cycle leg for all events are non-drafting. On the cycle leg you must be at least 5 meters behind the person in front of you unless you are overtaking. If you have been overtaken you are not allowed to spend time in the slip stream and must let the overtaking person get 5 meters in front before attempting to re-overtake. Penalties will apply.

## Tri Club Marshaling

For the Geraldton Triathlon Association to continue to be a success everyone must help out - it is a hallmark of our club. Each week we require 3 people to basically set up, run the day and then pack up. We roster tri club members on to do this so the load is shared. **Marshals are the most important people in our club - without them we would not be able to run an event!**

### Marshal's Responsibilities:

The contact person for marshaling is Marshaling Coordinator Victoria Freer 0447 894 072

- If the nominated Marshal cannot attend the event that they have been rostered on for, it is their responsibility to find a replacement before the nominated date.
- Marshals' need to be at St Georges Beach at 7.00am on Sunday mornings ready to begin setting out equipment. Due to the requirement of setting out road signs for the cycle course it is recommended that all Marshals' drive a vehicle to the event.



- It is the marshals' responsibility to have the swim, ride and run courses set up and ready for competition 20 minutes before the nominated start time of the event.
- Marshals' to be ready for competitors' registration 1 hour prior to the race start
- Marshals' to confirm with the Race Day Coordinator the race directions and any special conditions for the day.

As a Marshal, you have one (1) possibly two (2) events to organise for the season. Please take this responsibility seriously as the club cannot function without you!

## **CLUB CHAMPIONSHIP RACES**

**Club Championship Races will be held over 5 equal distance events with the 4 best places recorded.** Please note we have championship points for the Long and Short courses and not the Enticer.

### **Championship points.**

- 1<sup>st</sup> place = 5 championship points
- 2<sup>nd</sup> place = 4 championship points
- 3<sup>rd</sup> place = 3 championship points
- 4<sup>th</sup> place = 2 championship points
- 5<sup>th</sup> place = 1 championship point
- Marshall = 1 championship point

**The Club Championship Races are sponsored by:**



## Double Up Series

The Geraldton Triathlon Association will be running a very popular event. The Double Up series is designed to provide a different challenge for the short and long course members. The Double Up Series will be a three-race series where short course competitors will complete two enticer courses and long course competitors will complete three enticer courses. One after the other i.e.

Short Course = 300m swim, 7km ride, 2km run  
100m swim, 7km ride, 2 km run.

Long Course = 300m swim, 7km ride, 2km run  
100m swim, 7km ride, 2km run  
and another 100m swim, 7km ride, 2km run.

Points will be awarded each week and at the end of the series will have a male and female winner for the Short and Long courses (not the Enticer) based on the number of points accumulated over the three-race series. Points will be awarded as follows.

- 1<sup>st</sup> place = 5 points
- 2<sup>nd</sup> place = 4 points
- 3<sup>rd</sup> place = 3 points
- 4<sup>th</sup> place = 2 points
- 5<sup>th</sup> place = 1 point
- Marshall = 1 point

The Double Up Series is sponsored by:

GERALDTON  BIKES

TRIATHLON  
CLUB