

# Quiet Life

## Long Course Category Results

### Female All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
1	24	Maz HEARNE	01:26:57	All Ages	8	00:14:58	00:01:00	00:47:36	00:00:48	00:22:34
2	234	Jesse WAKE	01:37:47	All Ages	10	00:13:39	00:01:07	00:52:54	00:00:59	00:29:07

### Male All Ages

Pos	No	Name	Time	Cat	O.Pos	Swim	T1	Cycle	T2	Run
	156	Lorcan MCGONAGLE		All Ages		00:20:50				
1	29	Dave HEYHOE	01:09:24	All Ages	1	00:13:34	00:01:20	00:33:33	00:00:55	00:20:00
2	165	Zane CLARKE	01:20:21	All Ages	2	00:11:53	00:00:39	00:44:24	00:00:39	00:22:43
3	202	Kevin OSBORNE	01:21:29	All Ages	3	00:14:50	00:01:22	00:37:30	00:01:01	00:26:43
4	109	Byron CLARKSON	01:21:57	All Ages	4	00:10:59	00:00:46	00:45:01	00:00:33	00:24:36
5	181	Scott DENNETT	01:22:24	All Ages	5	00:11:47	00:01:03	00:43:58	00:00:43	00:24:51
6	13	Ben FREER	01:26:18	All Ages	6	00:14:56	00:01:29	00:46:48	00:01:01	00:22:02
7	101	Simon TEAKLE	01:26:47	All Ages	7	00:11:38	00:00:52	00:44:07	00:01:11	00:28:56
8	227	Jason CLENNICK	01:29:47	All Ages	9	00:14:27	00:00:53	00:47:45	00:01:12	00:25:28