

# GERALDTON TRIATHLON 2018-2019 CALENDAR

Date & Time	Event & Venue & Sponsor	Distances	Marshals
Sunday 14 <sup>th</sup> October 2018 8.30am	<b>SPORTSPower GERALDTON</b> Season opener St Georges (Untimed)	Enticer: 300/7/2 Short: 300/17/4	Marshal: Matt Chamberlain Marshal: Mel Chamberlain Marshal: Troy Gildersleeve Coordinator: Katie Taylor
Sunday 21 <sup>st</sup> October 2018 8.30am	<b>MIDWEST OPTICAL</b> 1 <sup>st</sup> Tri for the MOP & WOP crew St Georges + Pancakes to finish	Enticer: 300/7/2 Short: 300/17/4	Marshal: Ben Freer Marshal: Maz Hearne Marshal: Peter Hearne Coordinator: Victoria Freer
Sunday 28 <sup>th</sup> October 2018 8.30am	<b>SPALDING PARK GOLF CLUB</b> Bring a friend for free day! St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Monique Burrows Marshal: Scott Dennett Marshal: Katie Taylor Coordinator: Jane Benson
Sunday 4 <sup>th</sup> November 2018 8.30am	<b>PINK MOON</b> Dongara - Grannies Beach Followed by lunch in Dongara	Enticer: 300/9/2 Short: 300/18/4 Long: 600/27/6	Marshal: Paul Luxton Marshal: Robbie Barnetson Marshal: Brock Gildersleeve Coordinator: Troy Gildersleeve
Sunday 11 <sup>th</sup> November 2018 8.30am	<b>REVOLUTIONS</b> Club Championship Race 1 St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Paul Baldock Marshal: Chantell Bohnen Marshal: Ray Bailey Coordinator: Peter Hearne
Sunday 18 <sup>th</sup> November 2018 8.30am	<b>QUIET LIFE</b> Let's go to Quiet Life afterwards St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Mark Adam Marshal: Sharon Bell Marshal: Jana Berzins Coordinator: Robbie Barnetson
Sunday 25 <sup>th</sup> November 2018 8.30am	<b>GERALDTON BIKES</b> Double Up Series Race 1 St Georges	Enticer: 300/7/2 Short: 300/7/2 (x2) Long: 300/7/2 (x3)	Marshal: Dean Carroll Marshal: Ian Burrows Marshal: Alea Giudice Coordinator: Jane Benson
Sunday 2 <sup>nd</sup> December 2018 8.00am	<b>GERALDTON PHYSIOTHERAPY</b> <b>AQUATHON</b> St Georges Remember 8AM Start Ironman Busselton weekend	Enticer: 300/2 Short: 300/4 Long: 600/5	Marshal: Kyrone Bradley Marshal: Joady McDonald Marshal: Andrew Blackburn Coordinator: Troy Gildersleeve
Sunday 9 <sup>th</sup> December 2018 8.30am	<b>REVOLUTIONS</b> St Georges teams challenge	Enticer: 300/7/2 (x3)	Marshal: Jason Clenick Marshal: Mikaelha Byrnes Marshal: Debra Carlyon Coordinator: Scott Dennett
Sunday 16 <sup>th</sup> December 2018 8.30am	<b>THE GERALDTON HOTEL</b> Christmas Tri Dress up Lunch @ the Gero St Georges	Enticer: 300/7/2 Short: 300/14/3	Marshal: Ben Smit Marshal: Carolyn Hahn Marshal: Andrew Beveridge Coordinator: Mel Chamberlain

# GERALDTON TRIATHLON 2018-2019 CALENDAR

Date & Time	Event & Venue & Sponsor	Distances	Marshals
Sunday 6 <sup>th</sup> January 2019 8.30 am	<b>GO HEALTH LUNCH BAR</b> New Year's Resolution St Georges	Enticer: 300/7/2 Short: 300/17/4	Marshal: Scott Dethlefsen Marshal: Nick Eyres Marshal: Judy Heylen Coordinator: Maz Hearne
Sunday 13 <sup>th</sup> January 2019 8.30am	<b>ATHLETE'S FOOT</b> St Georges	Enticer: 300/7/2 Short: 300/17/4 Long: 600/27/5	Marshal: Richard Houwen Marshal: David Heyhoe Marshal: Byron Clarkson Coordinator: Ben Freer

**PLEASE NOTE:** Please gather at the race venue **45 minutes** prior to the race start so that names and details can be entered into the computer system. Anyone nominating later than **10 minutes** before the race start, will be **allowed** to participate but will not be entered into the computer system and therefore will not be eligible for any points or prizes.

## Email

[info@geraldtontriclub.com.au](mailto:info@geraldtontriclub.com.au)

**Club President**

**Ben Freer**

**Phone: 0418 881 937**

**Club Vice-President**

**Maz Hearne**

**Phone: 0438 310 170**

**Marshaling Coordinator**

**Victoria Freer**

**0447 894 072**

## Club Information

We encourage participants of all abilities ... "surprise yourself - come and have a go!"

Geraldton Tri Club Members pay \$3 per event.

Non-members pay \$15 per event. Non-Member Teams pay \$20 per event.

We welcome all family members.

Children must be in Year 7 high school at the time of competition and deemed competent by their parents and the Tri Club committee.

Even though the race distances are marked for each course on the day, members are allowed to alter the distances of each leg to suit their needs/fitness or ability. You just need to inform the timer keeper that you have altered your course distance. You will not be eligible for Championship or Double Up Series points.

The cycle leg for all events are non-drafting. On the cycle leg you must be at least 5 meters behind the person in front of you unless you are overtaking. If you have been overtaken you are not allowed to spend time in the slip stream and must let the overtaking person get 5 meters in front before attempting to re-overtake. Penalties will apply.

## Tri Club Marshaling

For the Geraldton Triathlon Association to continue to be a success everyone must help out - it is a hallmark of our club. Each week we require 3 people to basically set up, run the day and then pack up. We roster tri club members on to do this so the load is shared. **Marshals are the most important people in our club - without them we would not be able to run an event!**

### Marshal's Responsibilities:

- The contact person for marshaling is Marshaling Coordinator Victoria Freer 0447 894 072.
- If the nominated Marshal cannot attend the event that they have been rostered on for, it is their responsibility to find a replacement before the nominated date.
- Marshals' need to be at St Georges Beach at 7.00am on Sunday mornings ready to begin setting out equipment. Due to the requirement of setting out road signs for the cycle course it is recommended that all Marshals' drive a vehicle to the event.
- It is the marshals' responsibility to have the swim, ride and run courses set up and ready for competition 20 minutes before the nominated start time of the event.
- Marshals' to be ready for competitors' registration 1 hour prior to the race start
- Marshals' to confirm with the Race Day Coordinator the race directions and any special conditions for the day.

As a Marshal, you have one (1) possibly two (2) events to organise for the season. Please take this responsibility seriously as the club cannot function without you!

## CLUB CHAMPIONSHIP RACES

Club Championship Races will be held over 5 equal distance events with the 4 best places recorded. Please note we have championship points for the Long and Short courses and not the Enticer.

### Championship points.

- 1<sup>st</sup> place = 5 championship points
- 2<sup>nd</sup> place = 4 championship points
- 3<sup>rd</sup> place = 3 championship points
- 4<sup>th</sup> place = 2 championship points
- 5<sup>th</sup> place = 1 championship point
- Marshall = 1 championship point

**The Club Championship Races are sponsored by:**



**Revolutions**  
GERALDTON



## Double Up Series

The Geraldton Triathlon Association will be running a very popular event. The Double Up series is designed to provide a different challenge for the short and long course members. The Double Up Series will be a three-race series where short course competitors will complete two enticer courses and long course competitors will complete three enticer courses. One after the other i.e.

Short Course = 300m swim, 7km ride, 2km run  
100m swim, 7km ride, 2 km run.

Long Course = 300m swim, 7km ride, 2km run  
100m swim, 7km ride, 2km run  
and another 100m swim, 7km ride, 2km run.

Points will be awarded each week and at the end of the series will have a male and female winner for the Short and Long courses (not the Enticer) based on the number of points accumulated over the three-race series. Points will be awarded as follows.

- 1<sup>st</sup> place = 5 points
- 2<sup>nd</sup> place = 4 points
- 3<sup>rd</sup> place = 3 points
- 4<sup>th</sup> place = 2 points
- 5<sup>th</sup> place = 1 point
- Marshall = 1 point

The Double Up Series is sponsored by:

GERALDTON  BIKES

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